



# Piggy Pasta

## and More Food with Attitude

by Rebecca Woolfall & Suzi Tait-Bradly

Photography by Vicki Leopold

Everyday food made fun!

Kids, cook up a storm with these recipes created just for you! Have fun being playful with food and make everyday food out of the ordinary with these awesome recipes. So whether it's Piggy Pasta, UFO Cookies or Spooky Smoothies, we guarantee you will have a blast in the kitchen!

- Amazing, zany full-colour photographs of every recipe
- Kid-friendly recipes in kid-friendly language
- Every recipe has been road-tested on kids at the authors' LittleCooks cooking classes
- Recipes are sorted alphabetically and a code indicates what meal the recipe is best suited (breakfast, lunch, dinner, dessert, snack, special occasion)
- Includes safety & hygiene section, cooking basics section and index

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Format	265 x 215 mm
Extent	64 pp
Age	8+ years
Lexile	Read aloud

**Rebecca Woolfall** loves baking and thrives on all things marketing. Quite happy to wear socks with monkeys on at the age of 42, she is still a child at heart.

After nearly 20 years in corporate marketing, Bex hung up her power suit to spend time with her young family.

**Suzi Tait-Bradly** is a teacher at heart with tertiary qualifications in education, language and communication.

Since being diagnosed with Coeliac disease in 2009, Suzi has focused on cooking healthy meals and teaching her young children about the connection between food and health.

Together Bex and Suzi run LittleCooks, an after school and school holiday cooking programme for primary-school-aged children. For more information see <http://www.littlecooks.co.nz/>

**Endorsed by double Olympians Sonia & Rob Waddell:**

"Whether you want to win a gold medal or build the tallest Lego tower in the world, learning to cook is an important tool for such quests. Spooky Smoothie reminds us of the energy drinks we used to drink after big training sessions. It's good to see the Super-Kid Scroggin recipe in here too; such a great snack for kids on the move."

Have a go with these fun recipes and fuel up for your own adventure!

**Praise for Bex and Suzi's LittleCooks programme**

"Great to see this program being offered for school children, particularly to hear boys just as keen or keener than girls. Hands on cooking is the ideal way to introduce children to foods they haven't tried before, gain some cooking skills and pick up some nutrition tips along the way." — Sarah Ley, Managing Director, Consulting Dietitians Ltd

"I love what you are doing. I think hands-on cooking skills are a great way to teach children how to eat healthy." — Ellie Connor, Nutritionist